



News Release

For immediate release – August 19, 2019

Bittersweet's Social Recreation Program to Offer Multi-Sports Program for Teens with Developmental Disabilities

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Whitehouse, OH... The Social Recreation Program (SRP) at Bittersweet Farms, in partnership with Total Sports Rossford, is offering a six-week Multi-Sports Program for teens (ages 13-22) with developmental disabilities. Bittersweet's SRP consists of therapeutically-based programs and activities that focus on community integration and social interactions, as well as developing independence. The program consists of various types of events and sessions including community events, therapeutic groups, and a social skills group with the University of Toledo.

The Multi-Sports Program will provide participants with the opportunity to learn about new sports, develop social skills, and engage in physical activity. Participants will play a variety of different sports, including baseball, soccer, football, and kickball. The six-week program will be held from 5:00 p.m. to 6:30 p.m. every Monday, beginning September 9th through October 14th. The program will be held at Total Sports in Rossford, 10020 S. Compass Dr., Rossford, OH 43460.

Community Outreach Specialist, Meghan Oberle, says, "The Multi-Sports Program is a one-of-a-kind opportunity for teens with developmental disabilities to play a variety of sports and meet new friends in a structured, support-centered environment. Opening up this program to the community is a great way for Bittersweet Farms to connect with more families, teens, and young adults from the greater community. We are excited to be partnering with Total Sports once again!"

The cost for this program is \$75 for all six sessions. Participants interested in the program must be registered with Bittersweet's Community Outreach Specialist prior to September 9th. If personal assistance is required, the participant must be accompanied by a caregiver. Contact Meghan Oberle at moberle@bittersweetfarms.org or 419 875 6986, ext. 1209 for more information or to register.

About Bittersweet, Inc.

For 36 years, Bittersweet, Inc. has been successfully serving adults and adolescents with Autism Spectrum Disorders across three locations in Ohio. Bittersweet offers unique supports that encourage individuals with autism to grow and develop their abilities and talents in an agricultural setting. The Bittersweet community offers many products for sale to support employment and vocational opportunities for individuals with autism. The mission of Bittersweet, Inc. is to positively impact the lives of individuals with autism and those whose lives they touch.