



CSA Newsletter

WEEK 1 • FALL 2023



Member Updates

Welcome, autumn! While we are still three weeks away from the official first day of fall, we are excited to kick off our Fall CSA season. This week's share is overflowing with end of summer and early fall staples. On p.2 you will find recipes to kick start your enjoyment of these fresh seasonal flavors.

TEMPORARY CHANGE TO PICK-UP PROCESS: Due to a positive Covid-19 case within the Bittersweet Community, we are using a curbside pick-up process this week. When you arrive, a member of the Gardens Team will be outside to greet you. They will take your name, retrieve your share, and deliver it curbside to your vehicle. We will communicate updates for future weeks as they are available.

PICK-UP TIMES: Please adhere to the designated pick-up time from 1:00pm to 3:00pm on your chosen day. Our Day Program participant pick-up is at 2pm each day. Thank you for your patience if you arrive at this time! If you are unable to pick up your box during the designated hours, please contact us as soon as possible to make other arrangements. If your box is not picked up, we will donate it.

CUSTOMER SERVICE NEEDS: If you have questions or concerns throughout the season, contact Beth Kuntz-Wineland, our Gardens Specialist, at bkuntzwineland@bittersweetfarms.org or 419-875-6986 ext. 1205.

Veggies of the Week

- ZUCCHINI
- EGGPLANT
- SCALLOP SQUASH
- BANANA PEPPERS
- CUCUMBER
- BELL PEPPERS
- PAPRIKA PEPPERS
- LUNCHBOX PEPPERS
- TOMATOES
- FLORAL BOUQUET





"Blizzard is an early maturing pumpkin! This means she was ready to harvest before other pumpkins."

- JONATHAN
(PICTURED BELOW WITH
"BLIZZARD" THE PUMPKIN)

Gardens Team Highlights

This is an extra special week at Bittersweet Farms as we celebrate National Direct Support Professional Recognition Week (DSP Week)! In honor of DSP Week, we want to introduce you to Jennie (pictured above at right), one of our regularly scheduled DSPs in Gardens. This is Jennie's third CSA season at Bittersweet and her steady, encouraging, empathetic presence is invaluable on our team. Thank you for all you do, Jennie!

As always, this week's CSA share was a team effort. Jonathan harvested the beautiful zucchinis; Cece, John, and Jonathan worked in partnership to harvest tomatoes; Gino harvested lunchbox peppers; and Tommy harvested the lovely eggplants! Another highlight of the week was harvesting our prized specter pumpkin, which Jonathan (pictured at right, below) lovingly named "Blizzard."

Finally, a sweet and VERY important PSA from our Culinary Crew: the cookie inventory in the Market has been restocked thanks to Joe (pictured at right, above). The Market is open on Tuesday, Thursday, and Friday from 9am-3pm. We're also taking online custom cookie orders: [click here](#) to place yours!



Weekly Meal Inspiration

[Zucchini Corn Fritters with Lemon Basil Aioli](#)

[Zucchini Tomato Tart](#)

[Roasted Eggplant Meatballs](#)