



Bittersweet Gardens

CSA NEWSLETTER



CSA Updates and Information

Welcome to Bittersweet's 2022 Spring CSA! We are thrilled to welcome both new faces and returning members! For those of you new to our CSA, each week you can look forward to fresh, wholesome produce that has been seeded, transplanted, grown, and harvested by the Bittersweet Gardens team! Each week you will receive this weekly digital newsletter, which will include your weekly produce list, recipes using this week's produce, and team highlights.

BOX/CRATE RETURNS: If you receive a Medium or Large share, please bring your box back each week to be reused. If you receive a Small share, please recycle or dispose of your paper bag at home.

PICK-UP INFORMATION: Please remember to adhere to the designated pick-up time at Bittersweet Farms in Whitehouse from 1:00pm to 3:00pm on your chosen day. Day Program participant pick-up takes place at 2:00pm, so you may want to aim to arrive before or after that time to avoid traffic. If for some reason you cannot pick-up your box during these designated hours, please contact us as soon as possible to make other arrangements. In accordance with the CSA policy you received via email, if your box is not picked up, we will donate it.

CUSTOMER SERVICE NEEDS: For this season, please direct any customer service needs to Beth Kuntz-Wineland, our Gardens Specialist. Feel free to be in touch with her as needed at bkuntzwineland@bittersweetfarms.org or 419-875-6986 ext. 1205.

We hope you enjoy the bountiful harvest this spring! As always, thank you for being a part of Bittersweet's CSA program! Your share is so much more than a produce purchase-- it is an investment in our mission to positively impact the lives of individuals with autism.

Gardens Team Highlights

Each week in the newsletter, we introduce you to the people behind your produce!

This week we are all about the beets! The beets featured in in your share this week were a team effort! They were transplanted by Keerston in October of last year and harvested by many members of the Gardens Team: Keerston, Dan (pictured at right, above), Tom, Jimmy, Aaron, Matt, Rodney, and Phil, to name a few.

Austin (pictured at right, below) cleaned and bundled the chard for this week's shares, and Gino (pictured above) worked in partnership with Beth to harvest and prepare the radishes for our Medium and Large shares. Cece also harvested and washed the turnips for our Mediums and Larges. The participants love being part of the gardening process from start to finish, and your support enables them to do this each day at work. Thank you!

Spring Season, Week 1

What's In My Share?

- | | |
|-----------------|---------------------|
| Beets | Lettuce |
| Radishes | Chives |
| Turnips | Asparagus |
| Kale | Sage |
| Sugar Snap Peas | Garlic Scapes |
| Chard | Potted Purple Basil |

Remember to rinse your produce before use!

Farm Fresh Recipe Links

[Roasted Beet Salad with Walnuts, Goat Cheese, and Balsamic Dressing](#)

[White Bean and Garlic Scape Dip](#)

[Lebanese Stuffed Swiss Chard Rolls](#)

[Purple Basil Caprese Salad](#)



The mission of Bittersweet, Inc. is to positively impact the lives of individuals with autism and those whose lives they touch.