



# Bittersweet Gardens

CSA NEWSLETTER



## CSA Updates and Information

Can you believe it is already the second to last week of our Fall CSA? This week's share features winter staples and another burst of flavorful herbs! This week, you are receiving potted cilantro, another herb that you can nurture indoors through the winter months. We hope it brings Farm-fresh flavor into your kitchen long after the CSA season ends!

As a reminder, next week will be our last week of Fall CSA! For those of you who receive boxes and crates, please plan to return any extras you have at home next week when you pick up your final share. After the final week, our Large share members should plan to return their final black crate at their convenience. Medium share members are welcome to either return or repurpose their box. If you have questions about this, don't hesitate to ask!

**CUSTOMER SERVICE CONTACT:** Please direct any customer service needs to Beth Kuntz-Wineland, our Gardens Specialist. Feel free to be in touch with her as needed at [bkuntzwineland@bittersweetfarms.org](mailto:bkuntzwineland@bittersweetfarms.org) or 419-875-6986 ext. 1205.

## Gardens Team Highlights

The CSA season might be winding down, but the Gardens team is still hard at work. With hoop houses and green houses to grow in, gardening is a year-round operation here at Bittersweet! This week, the participants continued to prepare for winter, all while growing and harvesting for your weekly share!

This week, Gabe (pictured at right, above) transplanted and labeled cilantro seedlings. He also assisted with watering, transplanting collard greens, and harvesting herbs and greens for your share. Gabe is a quiet, hard-working member of the team, and his gardening skills have grown immensely over the last few years. We are grateful for his many contributions!

Bob (pictured at right, below) assisted with behind-the-scenes winter preparations this week. He mixed soil and filled flats in preparation for transplanting. He also assisted with mowing in the Gardens area. Bob also got to see one of his summer contributions come to fruition this week as we replaced a rotted raised bed with a brand new one that he had built over the summer in partnership with Tom and Mark. Thank you, Bob, for all of your hard work!

The rest of the Gardens crew has been busy too! Keerston harvested peppers, transplanted beets, and more; Matt sanitized the Gardens area; Phil mixed soil and filled flats; Cece, Lynn, and Ben worked in partnership to harvest and package herbs; Gino and Mike worked together to harvest veggies; Lynn and Mike provided customer service for YOU...and the list goes on! Every week is filled with meaningful work made possible by your support! Thank you!

## Fall Season, Week 7 What's In My Share?

Beets	Bell Peppers
Leeks	Hot Wax Peppers
Sweet Potatoes	Eggplant
Green Peppers	Green Beans
Lettuce	Potted Cilantro
Celery	

*Remember to rinse your produce before use!*

## Farm Fresh Recipe Links

[Creamy Kale Pasta with Rosemary and Walnuts](#)

[Coconut Curry Leek Soup](#)

[Greek-Style Stuffed Eggplant Rolls](#)



*The mission of Bittersweet, Inc. is to positively impact the lives of individuals with autism and those whose lives they touch.*