



# Bittersweet Gardens

CSA NEWSLETTER

## Summer Season, Week 8

### What's In My Share?

Cantaloupe	Zucchini
Buttercup Squash	Eggplant
Cucumbers	Tomatoes
Lunchbox Peppers	Basil
Bell Peppers	Okra
Onions	Hot Wax Peppers

*Remember to rinse your produce before use!*

### Farm Fresh Recipe Links

[Summer Squash Tacos with Avocado Chimichurri](#)

[Spinach Ricotta Stuffed Peppers](#)

[Baked Eggplant Meatballs](#)



## CSA Updates and Information

It's the final week of our Summer CSA season! This week's share features some of our favorite peak Summer veggies, fruits, and herbs! Squash, peppers, and tomatoes are in full swing! Melons and pumpkins are making an appearance in some share sizes again this week, too. We hope you have savored the flavors of Summer all season long!

A friendly reminder that next week is our week OFF between CSA seasons! For those of you continuing your CSA membership into the Fall, we look forward to seeing you the week of September 13th on your designated pick-up day. If you are a Medium shareholder and you are not continuing into the Fall, feel free to either repurpose your CSA box or return it. If you are a Large shareholder not returning for Fall, please plan to return your crate at your convenience.

We also wanted to let you know that at the end of this week, our Retail Coordinator, Lindsay Nagy, will be moving on to her next adventure. We want to thank her for all she has done to support our mission this year! For those of you returning this Fall, be on the lookout for CSA newsletters and communications coming from a new e-mail address.

Thanks to each one of you for being part of our Bittersweet CSA family this Summer! Your CSA purchase enables meaningful, paid employment for our participants and we are so grateful.

## Gardens Team Highlights

We have all hands on deck for our final week of Summer CSA! Did you know that quality control is a major part of our CSA packing process each week? Keerston (pictured at right, above) is a veteran member of the Gardens team and she prides herself on having a keen eye for produce quality. This week, she took the lead on quality control for our eggplant harvest, setting aside eggplant with holes and sorting the CSA-quality eggplant by size for our different share sizes!

We hope you have been enjoying our freshly harvested bell peppers, too! Tom (pictured at right, below) worked in partnership with Lynn and Keerston to harvest bell peppers and was proud to show off their harvest. Don't miss Tom's work uniform in the photo, either...we love to see our participants sporting the Bittersweet and Market at Bittersweet Gardens logos!

Wondering who has been harvesting all of the delicious tomatoes you have been enjoying? This week, Bob was our main man for tomato harvesting! You may have noticed that we have an incredible variety of tomatoes, from small cherry tomatoes to big beef tomatoes, all in a variety of colors! The participants love learning about the different varieties and how to tell when each one is ripe, and we hope you have been enjoying the variety as well!

*The mission of Bittersweet, Inc. is to positively impact the lives of individuals with autism and those whose lives they touch.*