



# CSA Newsletter

WEEK 2 • FALL 2023

## Member Updates

### AN IMPORTANT NOTE FROM THE GARDENS TEAM:

"Dear members: We have a lot less variety this fall than we were hoping for due to weather fluctuations, earlier than usual cool weather, bacterial fungus impacting our winter squash plants, and cabbage moths wiping out our kale crop. We have a new kale crop started and we are hoping it will grow in time for the later weeks of our Fall CSA. All this said, we want to express our gratitude for your willingness to weather these issues as part of the shared risk model of Community Supported Agriculture. Your loyalty and support mean so much, and we look forward to providing you with as much sustainably grown, delicious produce as possible this season!"

PICK-UP INFORMATION: **We are back to our standard pick-up process in the Market!** Please adhere to the designated pick-up time from 1:00pm to 3:00pm on your chosen day. Our Day Program participant pick-up is at 2pm each day. Thank you for your patience if you arrive at this time! If you are unable to pick up your box during the designated hours, please contact us as soon as possible to make other arrangements. If your box is not picked up, we will donate it.

CUSTOMER SERVICE NEEDS: If you have questions or concerns throughout the season, contact Beth Kuntz-Wineland, our Gardens Specialist, at [bkuntzwineland@bittersweetfarms.org](mailto:bkuntzwineland@bittersweetfarms.org) or 419-875-6986 ext. 1205.

## Veggies of the Week

ZUCCHINI  
BELL PEPPERS  
CELERY  
EGGPLANT  
CINNAMON BASIL  
GARLIC  
TOMATOES  
FLORAL BOUQUET





**“Yellow leaves  
are my favorite  
part of fall!”**

-AUSTIN  
(PICTURED BELOW,  
TRIPLE RINSING CELERY)

## Gardens Team Highlights

As the seasons change, we're busy squeezing the last goodness out of summer and preparing for the fall and winter months to come!

This week, Jonathan harvested the bell peppers and tomatoes for all share sizes as well as the zucchini for our Medium shares. Tommy harvested eggplant for the Medium and Large shares, and Tom (pictured at right, below) harvested lavender and assisted with watering.

The garlic in your shares is the result of months of teamwork! It grew all last winter and was harvested this summer to dry and cure. Cece assisted with the final trimming and preparations! We all hope you enjoy it alongside the peppers and tomatoes in your shares!

Finally, Gino (pictured above, right) and Kenny have been preparing for the cooler days to come! Kenny worked in partnership with Beth to prepare lettuce seedlings for planting, and Gino planted several beds of fresh baby lettuce. This crop will thrive in our passive solar heated hoop houses as the nights grow cooler, and we look forward to sharing fresh lettuce with you later this season!



## Weekly Meal Inspiration

[Broccoli and Cheese Stuffed Peppers](#)

[Ratatouille with Cinnamon Basil](#)

[Garlic Chickpea Soup](#)