



# CSA Newsletter

WEEK 5 • FALL 2023

## Member Updates

We are five weeks into the Fall CSA season, and the weather finally feels like autumn! Thanks to the warmer climate in our hoop houses, the peppers are once again the star of the show in your shares! For those of you who are peppered out, check p. 2 for a few recipes to keep you inspired as our prolific pepper season continues!

PICK-UP INFORMATION: Thank you for adhering to the designated pick-up time from 1:00pm to 3:00pm on your chosen day. Our Day Program participant pick-up is at 2pm each day. Thank you for your patience if you arrive at this time! If you are unable to pick up your box during the designated hours, please contact us as soon as possible to make other arrangements. If your box is not picked up, we will donate it.

CUSTOMER SERVICE NEEDS: If you have questions or concerns throughout the season, contact Beth Kuntz-Wineland, our Gardens Specialist, at [bkuntzwineland@bittersweetfarms.org](mailto:bkuntzwineland@bittersweetfarms.org) or 419-875-6986 ext. 1205.

## Veggies of the Week

BELL PEPPERS  
BANANA PEPPERS  
ZUCCHINI  
PAPRIKA PEPPERS  
THYME  
FLORAL BOUQUET





**“My favorite  
veggie to harvest  
is tomatoes.”**

-GINO

## Gardens Team Highlights

As is typical in the fall, this week the Gardens Team spent this week not only preparing veggies for your share, but also preparing for the winter months! Cece (pictured at right, below) has been hard at work preparing our hoop house beds to be planted with winter cover crops, such as clover. Cover crops help to return nutrients to the soil during the off season so the veggies we grow next season will be nutrient-rich!



As always, harvesting and packaging the veggies in your share was a team effort! This week, Gino (pictured on p.1) harvested thyme, Matt harvested tomatoes, Keerston (pictured above) harvested peppers and arranged your floral bouquets, and Tommy harvested eggplant!

Tommy was new to gardening last year, and he developed an interest in tending and harvesting eggplant in particular, so we love to see him continuing to grow his skills in this way! Your Bittersweet CSA purchase is an investment in his vocational development and so many others, and we are so grateful for your support.



## Weekly Meal Inspiration

[Red Pepper Pizza with Feta](#)

[Easy Pickled Peppers](#)

[Thyme Roasted Potatoes, Peppers, and Onions](#)