



# CSA Newsletter

WEEK 8 • FALL 2023

## Member Updates

It's Halloween Week AND the last week of the CSA season! Which is spookier?! If the thought of being without fresh produce from Bittersweet frightens you to the bone, fear not! The Market is open from 9am-3pm on Tuesdays, Thursdays, and Fridays! You can also indicate on your CSA feedback survey if you would like to receive email updates when we have produce available for sale to the public.

Whether you have been a member for the Fall season, all three seasons, or for many years, we want to thank you for your support of our mission as a CSA member! We know you have many CSA programs to choose from, and we are humbled that you chose to invest in the lives and careers of adults with autism by choosing us. Thank you, and we hope to see you again next year!

PICK-UP INFORMATION: Thank you for adhering to the designated pick-up time from 1:00pm to 3:00pm on your chosen day. As always, if you do not pick up your share, we will donate it.

CUSTOMER SERVICE NEEDS: If you have questions or concerns, contact Beth Kuntz-Wineland, our Gardens Specialist, at [bkuntzwineland@bittersweetfarms.org](mailto:bkuntzwineland@bittersweetfarms.org) or 419-875-6986 ext. 1205.

## Veggies of the Week

GREEN TOMATOES  
CARMEN PEPPERS  
GREEN PEPPERS  
RADISHES  
PAPRIKA PEPPERS  
KALE  
CREATIVE ARTS MAGNET





**"I am Strawberry Shortcake!"**

-CECE  
(PICTURED ON P.1)

## Gardens Team Highlights

Halloween is a BIG deal at Bittersweet Farms, so this week we wanted to share a few photo highlights of the Gardens Team's fabulous costumes! Check out Cece's homemade Strawberry Shortcake costume (p.1), Tom's Flamin' Hot Cheetos costume (pictured above at left), and Jonathan's Mario costume (pictured above at right).

This week, we want to highlight a "rad"-ish partnership that made our Medium shares possible! Gino and Mike (pictured at right, above) teamed up to prepare radishes for our Medium shareholders, with Mike washing them and Gino sorting them into bunches. Partnership is core to Bittersweet's philosophy, and we love to see it practiced not only by participants and staff, but participants and their peers as well.

Finally, Keerston (pictured at right, below) wants to remind you that the Market is open for shopping when you pick up your share, and we have art in stock for spooky season, fall/harvest time, and the holidays! Whether you need to catch up on our decorating, or get ahead on your holiday shopping, we've got you covered!



## Weekly Meal Inspiration

[Butternut Squash, Kale, and White Bean Soup](#)

[Fried Green Tomato Pie](#)

[Zucchini, Mushroom, Pepper, and Gruyere Frittata](#)