



CSA Newsletter

WEEK 2 • SPRING 2023



Member Updates

Welcome to week 2 of your Spring CSA! We hope you enjoyed your first share of our spring harvest! This week in addition to the crisp greens and refreshing herbs of springtime, we're adding earthy beets to the mix! As always, you'll find culinary inspiration on page 2!

PICK-UP DETAILS: Please remember to adhere to the designated pick-up time from **1:00pm to 3:00pm** on your chosen day. Our Summer Enrichment Program began this week, increasing traffic during participant pick-up at 2pm. Thank you for your patience if you arrive at this time! If you are unable to pick-up your box during these designated hours, please contact us as soon as possible to make other arrangements. In accordance with our CSA policy, if your box is not picked up, we will donate it.

CUSTOMER SERVICE NEEDS: If you have questions or concerns, contact Beth Kuntz-Wineland, our Gardens Specialist, at bkuntzwineland@bittersweetfarms.org or 419-875-6986 ext. 1205.

BOX/CRATE RETURNS: If you receive a Medium or Large share, please bring your box back each week to be reused. If you receive a Small share, simply reuse or recycle your bag at home.

Veggies of the Week

MEDIUM SHARE

BEETS
PURPLE RADISHES
GREEN ONIONS
NASTURTIUM FLOWERS
ROMAINE LETTUCE
OAKLEAF LETTUCE
GARLIC SCAPES
OREGANO
POTTED THYME





"My favorite thing to harvest is green and purple lettuce!"

**-AUSTIN
(PICTURED BELOW)**

Gardens Team Highlights

This week, we're highlighting three dedicated members of our Tuesday CSA team! First up is Gino (pictured on p. 1), who harvested the fresh oregano for your shares this week! In addition to harvesting, we're busy transplanting seedlings, and Gino transplanted eggplant this week!

Next up is Matt (pictured above at right). A fun fact about Matt is that green onions are his absolute favorite veggie. This week he was thrilled to harvest the green onions for your shares!

Finally, Austin (pictured at bottom right) is one of the triple rinsing experts on our team. This week he harvested romaine lettuce for your shares and triple rinsed it so washing it at home is a breeze for you!

Next week, we'll be highlighting some of the participants who work in Gardens on Thursdays and make our second weekly CSA day possible...so stay tuned!

Weekly Meal Inspiration

[Easy Beet & Black Bean Burgers](#)

[Oakleaf Salad with Feta, Blackberries, and Apricots](#)

[Savory Scallion \(Green Onion\) Pancakes](#)

[Crispy Oregano Smashed Potatoes with Feta and Lemon](#)

