



CSA Newsletter

WEEK 3 • SPRING 2023

Member Updates

Welcome to week 3 of our Spring CSA! This week, we're thrilled to welcome broccoli (Small shares) and cauliflower (Medium & Large shares) to our starting line-up! We hope you enjoy this addition to the greens and herbs that give spring its characteristic freshness.

PICK-UP DETAILS: Please remember to adhere to the designated pick-up time from **1:00pm to 3:00pm** on your chosen day. If you are unable to pick-up your box during these designated hours, please contact us as soon as possible to make other arrangements. In accordance with our CSA policy, if your box is not picked up, we will donate it.

CUSTOMER SERVICE NEEDS: If you have questions or concerns, contact Beth Kuntz-Wineland, our Gardens Specialist, at bkuntzwineland@bittersweetfarms.org or 419-875-6986 ext. 1205.

BOX/CRATE RETURNS: If you receive a Medium or Large share, please bring your box back each week to be reused. If you receive a Small share, simply reuse or recycle your bag at home.

Veggies of the Week

MEDIUM SHARE

CAULIFLOWER
TURNIPS
CUCUMBER
KALE
GREEN ONIONS
ROMAINE LETTUCE
MINT





"My favorite part of working in the CSA is seeing the customers and sharing the fresh veggies I grew."

**-PHIL
(PICTURED AT LEFT)**

Gardens Team Highlights

This week, we're highlighting some of the members of our Thursday CSA team! First, Jonathan (pictured on p.1) is a 2023 graduate of the Bittersweet Pemberville Transition Program. He is thrilled to be working in Bittersweet Gardens and can't wait to earn his first paycheck-- a dream come true that your CSA purchase makes possible.

Lucas (pictured at right, below) graduated last year from the Pemberville Transition Program and has since been exploring vocational paths in the Whitehouse Day Program. He's become an expert at harvesting herbs and we're grateful to have him on the CSA team!

Finally, Phil (pictured above) and Lynn (pictured at right, above) are veteran members of our CSA team. Phil was one of the first ever participants to join our Day Program and has been gardening with us ever since! Lynn has been working in Gardens for several years, and one of her passions is ensuring that you have the best customer experience possible! She is also an expert on Bittersweet cookies, so if you ever have questions as you shop in the Market, she is the perfect person to consult!



Weekly Meal Inspiration

[Scallion, Cilantro, and Mint Chutney](#)

[Broccoli and Cauliflower Casserole](#)

[Grilled Romaine Caesar Salad with Herbed White Beans](#)