



# CSA Newsletter

WEEK 4 • SPRING 2023



## Member Updates

We can hardly believe it, but we've reached the last week of our Spring CSA season! This week as a thank you, we are including a magnet from our Creative Arts Program in your share! Check out p. 2 to meet one of our artists.

We hope these newsletters have given you a glimpse into your positive impact at Bittersweet Farms. The stories and photos we have shared reflect only a fraction of the difference you have made in the lives of our participants, and we truly can't thank you enough.

MEMBERS RETURNING FOR THE SUMMER SEASON: A friendly reminder that we have next week OFF between seasons for the July 4th holiday. We look forward to seeing our Summer CSA members the week of July 10th!

CUSTOMER SERVICE NEEDS: If you have questions or concerns, contact Beth Kuntz-Wineland, our Gardens Specialist, at [bkuntzwineland@bittersweetfarms.org](mailto:bkuntzwineland@bittersweetfarms.org) or 419-875-6986 ext. 1205.

BOX/CRATE RETURNS: If you are joining us for the Summer season, please plan to return your box(es) then! If you are a Spring member only, please contact Beth to arrange a drop-off time.

## Veggies of the Week

### SMALL SHARE

CAULIFLOWER  
GREEN ONIONS  
NASTURTIUM FLOWERS  
BROCCOLI

BONUS: MAGNET FROM  
BITTERSWEET CREATIVE ARTS





**"Winning gold  
made me feel  
good and proud!"**

**- MIKE  
(PICTURED BELOW)**

## **Gardens Team Highlights**

Since your share includes a magnet from Creative Arts, we wanted to introduce you to Joe (pictured above), one of our most famous artists! Joe is best known for his paintings and ceramics work, and particularly his cyclops bunny, or "bunny with the sharp toes," design. Joe takes pride in selling his artwork in the Market at Bittersweet Gardens! If your share includes a ceramics magnet, there's a good chance Joe was part of creating it!

Next, Darin (pictured on p. 1) has contributed to your Spring CSA in countless ways. He often works behind the scenes, writing labels for produce packaging, labeling stakes for our raised beds, and cleaning to ensure food safety. We are grateful for all of his diligent work throughout the season!

Finally, we have big news to share! Two members of the Gardens Team, Mike (pictured at right) and Gino, brought home GOLD from the Special Olympics Ohio Summer Games! Mike won two gold medals in tennis (singles & doubles), and Gino won gold in the softball throw. Congrats, Mike and Gino!!



## **Weekly Meal Inspiration**

[Nasturtium Mini Quiche](#)

[Curried Broccoli Chickpea Salad](#)

[Mozzarella Green Onion Rolls](#)