



CSA Newsletter

WEEK 1 • SUMMER 2023

Member Updates

Welcome to your Summer CSA at Bittersweet Farms! Each week you can look forward to fresh produce that has been seeded, transplanted, grown, and harvested by the Bittersweet Gardens Team! You will also receive this weekly digital newsletter, which includes information on our weekly harvest, recipes, and stories about the participants who prepared your share.

PICK-UP DETAILS: Please remember to adhere to the designated pick-up time from **1:00pm to 3:00pm** on your chosen day. This year, pick-up will take place inside the Market at Bittersweet Gardens. The Market is also open for shopping during CSA pick-up for additional produce, cookies, art, and other needs! If for some reason you cannot pick-up your box during these designated hours, please contact us as soon as possible to make other arrangements. In accordance with our CSA policy, if your box is not picked up, we will donate it.

CUSTOMER SERVICE NEEDS: **For this week only**, if you have questions or concerns, contact Takayla Gadberry, Day Program Manager, at 419-350-3299 or tgadberry@bittersweetfarms.org.

BOX/CRATE RETURNS: If you receive a Medium or Large share, please bring your box back each week to be reused. If you receive a Small share, simply reuse or recycle your bag at home.

Veggies of the Week

Important note: look for these veggies, plus more based on our available harvest, in your week 1 share!

BEETS
GARLIC
KALE
GREEN ONIONS





"My favorite summer veggie is green onions!"

-MATT (PICTURED AT LEFT)

Gardens Team Highlights

Since we have some new faces joining us for Summer CSA, we are excited to introduce you this week to some of the participants who make up the Gardens Team!

First, Austin (pictured at right, top) is a master harvester and triple rinse specialist! He will clean most of the greens you will enjoy this summer (no small task!). In this photo, Austin is holding a Spring CSA newsletter in which he was featured. His pride in his work at Bittersweet is simply contagious, and your support makes it all possible!



Next, Matt (pictured above) is a BIG fan of green onions. You can look forward to many bunches of onions prepared by him with love this season!

Third, Cece (pictured on p.1) has been busy transplanting, weeding, and maintaining our cucumber plants so you can enjoy delicious cukes this summer!

Last but not least, we want to congratulate Gino (pictured at right, bottom) on his gold medal in the softball throw at the Special Olympics State Summer Games!



Weekly Meal Inspiration

[Beet and Avocado Salad](#)

[White Pizza with Spinach and Roasted Garlic](#)

[Tuscan White Bean and Kale Soup](#)