



# CSA Newsletter

WEEK 6 • SUMMER 2023

## Member Updates

Welcome to week 6 of your Summer CSA! This week's harvest is filled with summer delights, from eggplant to peppers to tomatoes to cucumbers to summer squash! We thought it would be fun to share a photo of the zucchini included in this week's Large shares when it was yet a baby squash. Take a look above to see what the zucchini looked like back in mid-June!

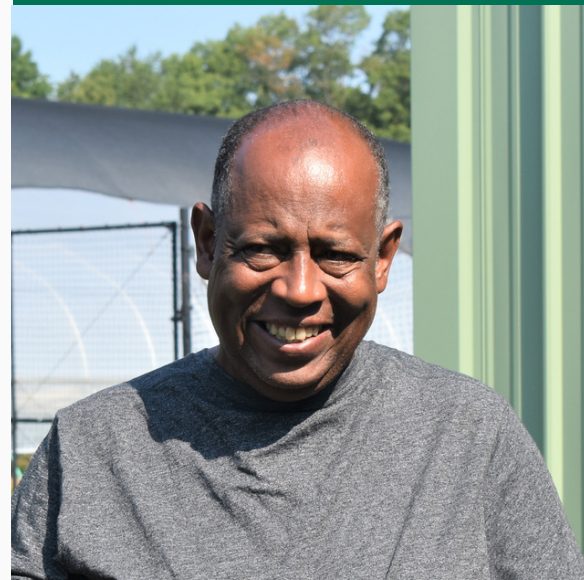
**TEMPORARY CHANGE TO PICK-UP PROCESS:** Due to positive Covid-19 cases within the Bittersweet Community, we are pivoting to a curbside pick-up process for this week. When you arrive, a member of the Gardens Team will be outside to greet you. They will take your name, retrieve your share, and deliver it curbside to your vehicle. We will communicate updates for future weeks as they are available.

**PICK-UP REMINDERS:** Please remember to adhere to the designated pick-up time from 1:00pm to 3:00pm on your chosen day. Our Day Program participant pick-up is at 2pm each day. Thank you for your patience if you arrive at this time! If you are unable to pick up your box during the designated hours, please contact us as soon as possible to make other arrangements. If your box is not picked up, we will donate it.

**CUSTOMER SERVICE NEEDS:** If you have questions or concerns, contact Beth Kuntz-Wineland, our Gardens Specialist, at [bkuntzwineland@bittersweetfarms.org](mailto:bkuntzwineland@bittersweetfarms.org) or 419-875-6986 ext. 1205.

## Veggies of the Week

CARROTS  
EGGPLANT  
CUCUMBERS  
BELL PEPPERS  
CINNAMON BASIL  
TOMATOES  
FLORAL BOUQUET





**"My dream garden is doing so well! I am growing super hot and medium hot peppers, tomatoes, and watermelons."**

**-JONATHAN**

## Gardens Team Highlights

This week, we're excited to highlight what two participants have been up to outside of their work in Gardens! First, have you heard the news? Bittersweet on Wheels-- the mobile extension of the Market at Bittersweet Gardens-- is at the Whitehouse Farmers' Market every Saturday in August from 10am-1pm! Cece (pictured above), Mike, and others have loved selling art, cookies, and produce and meeting our supporters in the local community. [Click here](#) to see our upcoming schedule of fairs, festivals, markets, and other events!

Second, it's no secret that Jonathan LOVES gardening, but did you know that he loves it enough to do it both at work AND at home? Check out the "dream garden" he planted at home (at right, above), and a highlight of his harvest so far this summer (at right, below). Since he is gardening for others this year at work, he is cultivating his own favorite veggies in his dream garden. This has been a great learning experience for him. Check out his quote at right to see what he's growing!



## Weekly Meal Inspiration

[Roasted Eggplant and Tomato Tart](#)

[Mediterranean Chickpea Salad](#)

[Cinnamon Basil Goat Cheese Pesto](#)