



Bittersweet Gardens

CSA NEWSLETTER

Fall Season, Week 1

What's In My Share?

Pumpkin	Tomatoes
Acorn Squash	Okra
Potatoes	Kale
Cucumbers	Green Onions
Bell Peppers	Parsley
Jalapenos	Basil
Eggplant	

Remember to rinse your produce before use!

Farm Fresh Recipe Links

[Creamy Fall Soup in Acorn Squash Bowls](#)

[Roasted Summer Squash and Potatoes](#)

[Fresh Peach Salsa with Bell Peppers and Jalapenos](#)



CSA Updates and Information

Welcome to Bittersweet's 2021 Fall CSA! We are thrilled to welcome both new faces and returning members! For those of you new to our CSA, each week you can look forward to fresh, wholesome produce that has been seeded, transplanted, grown, and harvested by the Bittersweet Gardens team! Each week you will receive this weekly digital newsletter, which will include your weekly produce list, recipes using this week's produce, and team highlights.

BOX/CRATE RETURNS: If you receive a Medium or Large share, please bring your box back each week to be reused. If you receive a Small share, please recycle or dispose of your paper bag at home.

PICK-UP INFORMATION: Please remember to adhere to the designated pick-up time at Bittersweet Farms in Whitehouse from 1:00 p.m. to 3:00 p.m. on your chosen day. **Prior to picking up, please familiarize yourself with our [safe, contactless pick-up protocol in light of COVID-19](#).** If for some reason you cannot pick-up your box during these designated hours, please contact us as soon as possible to make other arrangements. In accordance with the CSA policies you have signed, if your box is not picked up, we will take care of donating it for you.

NEW CUSTOMER SERVICE CONTACT: For this season, please direct any customer service needs to Beth Kuntz-Wineland, our Gardens Specialist. Feel free to be in touch with her as needed at bkuntzwineland@bittersweetfarms.org or 419-875-6986 ext. 1205.

We hope you enjoy the bountiful harvest this Fall! As always, thank you for being a part of Bittersweet's CSA program! Your share is so much more than a produce purchase-- it is an investment in our mission to positively impact the lives of individuals with autism.

Gardens Team Highlights

Each week in this section of the newsletter, we introduce you to the people behind the produce you are about to enjoy!

First, Rodney (pictured at right, above) harvested the acorn squash in your share-- one of our favorite Fall staples! Rodney has been a member of the Gardens team for many years, and he's one of the hardest workers we know. He is also an artist with a passion for Halloween, and he LOVES creating monsters for Halloween and every season!

Next, Austin (pictured at right, below) assisted with lots of behind-the-scenes tasks this week, like transplanting, trimming back plants, labeling, and transporting seedlings. So much goes into the CSA before we get to the point of harvesting, and we love celebrating all that work.

We look forward to introducing you to more members of our team as the season continues!

The mission of Bittersweet, Inc. is to positively impact the lives of individuals with autism and those whose lives they touch.