



Bittersweet Gardens

CSA NEWSLETTER

Spring Season, Week 2

What's In My Share?

- | | |
|----------|---------------|
| Cabbage | Asparagus |
| Radishes | Lettuce |
| Cucumber | Rosemary |
| Broccoli | Garlic Scapes |
| Kale | Basil |
| Chard | |

Remember to rinse your produce before use!

Farm Fresh Recipe Links

[Roasted Cabbage Steaks with Mustard Vinaigrette](#)

[Roasted Radish and Herbed Ricotta Omelet](#)

[Kale and Cucumber Salad with Avocado Tahini Dressing](#)



CSA Updates and Information

Welcome to the second week of your Spring CSA! This week is all about the cabbage! We've included a recipe at right if you need a little creative help to use this veggie from the brassica family! Even if you don't think you like cabbage, you might change your mind when you try it roasted! Roasting brings out cabbage's natural sweetness and is a game-changer. Enjoy!

BOX/CRATE RETURNS: If you receive a Medium or Large share, please bring your box back each week to be reused. If you receive a Small share, please recycle your paper bag at home.

PICK-UP INFORMATION: Please remember to adhere to the designated pick-up time at Bittersweet Farms in Whitehouse from 1:00pm to 3:00pm on your chosen day. Day Program participant pick-up takes place at 2:00pm, so you may want to aim to arrive before or after that time to avoid traffic. If for some reason you cannot pick-up your box during these designated hours, please contact us as soon as possible to make other arrangements. In accordance with our CSA policy, if your box is not picked up, we will donate it.

CUSTOMER SERVICE NEEDS: Please direct any customer service needs to Beth Kuntz-Wineland, our Gardens Specialist. Feel free to be in touch with her as needed at bkuntzwineland@bittersweetfarms.org or 419-875-6986 ext. 1205.

Gardens Team Highlights

This week, we are excited to celebrate a FIRST for one of our team members, Cece (pictured at right below). One of her goals this CSA season is to develop her customer service skills, and last week, she answered the phone for the very first time to provide curbside service to one of you. She did an amazing job and we can't wait to see how her skills continue to grow this season right alongside our veggies! Your support makes this growth possible, providing meaningful paid employment to Cece and others as they hone their job skills. Thank you!

We love to give you behind-the-scenes peeks into the teamwork that goes into your CSA. This week, that teamwork looked like a cabbage production line in the Gardens Building (pictured above)! Kenny (above, center) and John (above, right) harvested the cabbages in partnership with Gardens Specialist, Beth (above, left). Then, they brought them inside to be weighed and sorted for your shares. Teamwork truly makes the dream work at the Farm!

On a hot week like this, we also want to give a shout-out to our watering crew! This week, Conor, Phil, Aaron, Kenny, Matt, and Mike have been on watering duty. Watering is one of Kenny's very favorite tasks, and it provides a great opportunity for all of the participants to observe the progress of the plants they are growing from seed to harvest for you to enjoy!

The mission of Bittersweet, Inc. is to positively impact the lives of individuals with autism and those whose lives they touch.