



# Bittersweet Gardens

CSA NEWSLETTER

## Summer Season, Week 7

### What's In My Share?

Cucumbers	Carmen Pepper
Yellow Squash	Tomatoes
Beets	Kale
Banana Peppers	Lemon Basil
Green Onions	Orange Mint

*Remember to rinse your produce before use!*

### Farm Fresh Recipe Links

[Lemon Basil Pasta Salad](#)

[Tuscan Artichoke Tomato Salad](#)

[Orange Mint Tea](#)

[Italian Stuffed Peppers](#)

## CSA Updates and Information

With just one week left of the Summer CSA season after this week, we are savoring the flavors of summer while they last! This week, in addition to the classic tomatoes, peppers, and onions, we are featuring citrusy herbs in all share sizes. Check out the recipes at right for some lemon basil and orange mint inspiration!

**SAVE THE DATE- APPLE BUTTER FEST ON OCTOBER 9TH:** Mark your calendar! Bittersweet Creative Arts will be at the Apple Butter Fest in Grand Rapids on October 9th! Bittersweet art makes a perfect gift and provides meaningful, paid employment to artists with autism.

**CAN'T PICK-UP YOUR SHARE?** As a reminder, if you aren't able to pick up your share, please contact us to make other arrangements. You are welcome to designate a friend or family member to pick up your share! If your box is not picked up, we will be sure to donate it.

**CUSTOMER SERVICE NEEDS:** Please direct customer service needs to Beth Kuntz-Wineland, our Gardens Specialist, at [bkuntzwineland@bittersweetfarms.org](mailto:bkuntzwineland@bittersweetfarms.org) or 419-875-6986 ext. 1205.

**WEEK OFF BETWEEN SEASONS:** For those of you joining us for Fall CSA, a friendly reminder that we are OFF the week of Labor Day. The Fall CSA will kick off the week of September 12th!

## Gardens Team Highlights

This week, we are thrilled to highlight a couple of familiar faces...Gino (pictured at right, above) and Cece (pictured at right, below)! They have both been working hard to ensure the success of our Summer CSA and help us prepare for the upcoming Fall CSA season.

Lately, Gino has been harvesting the abundant fruits of summer...tomatoes, of course! He has also been working in partnership with other members of the team to sanitize the Gardens Building, harvest crates, and tools. Finally, he's been pulling red clover from the beds in one of our hoop houses to prepare the beds for fall and winter crops. We practice crop rotation to cultivate the healthiest soil possible, which means seeding cover crops such as clover to nourish the soil before transplanting more veggies. This practice is important but it takes extra effort, so we are grateful for Gino's eagerness to chip in!

Cece has been on tomato duty lately, too! This week, she worked on trimming bad (yellow) leaves off the tomato plants to keep them happy and healthy. While she did this, other members of the team, including Kenny and John, helped to dump the tomato trimmings and clip the tomato plants up to keep them stable as they reach for the sky. Cece also helped with harvesting cucumbers and tomatoes for your shares! From tending to plants to harvesting veggies, Cece is an invaluable part of our team, and we are so grateful for her contributions!



*The mission of Bittersweet, Inc. is to positively impact the lives of individuals with autism and those whose lives they touch.*