



# Bittersweet Gardens

CSA NEWSLETTER



## CSA Updates and Information

It's here-- the last week of your Fall CSA! This week, we have an eclectic end-of-season selection. From dried lemongrass and nasturtium flowers to tried-and-true peppers and lettuce, we hope you savor every last bite! We have also included a couple special gifts for you: a potted succulent and a fire-starter kit made by Bittersweet participants. These fire starters even work on rainy days and we hope they keep you warm through the off-season!

**FINAL BOX RETURNS:** For Medium and Large shareholders, you are invited to return your CSA box(es) or crate(s) in the coming weeks during our Market shopping hours listed below.

**MARKET SHOPPING HOURS:** The CSA season might be ending, but the Market at Bittersweet Gardens is open year-round! Visit us on **Tuesdays & Thursdays from 1:00pm-3:00pm** and **Fridays from 11:00am-3:00pm** to purchase Bittersweet produce, cookies, art, or merch. We hope to expand these hours, so keep an eye on our website and social media for updates!

**PRODUCE THIS WINTER!** For the very first time, we're thrilled to offer YEAR-ROUND bulk produce orders through the Market at Bittersweet Gardens! Simply call or e-mail Beth Kuntz-Wineland (419-875-6986 ext. 1205 or bkuntzwineland@bittersweetfarms.org) to inquire about produce availability and to place your order. Once your order is placed, you can pick up your veggies during our Market shopping hours listed above!

## Gardens Team Highlights

This week we are highlighting Keerston (pictured at right, above) and Gino (pictured at right, below, in the dragon costume!). Keerston is a long-time member of the Gardens Team, and this week she harvested and packaged the nasturtium flowers and leaves for you! If you have enjoyed the decorative bouquets in your shares this season, you can thank Keerston! She loves flowers and has a passion for creating beautiful arrangements. In addition to working in Gardens, Keerston has been trying her hand at customer service in the Market. She'd love to see you this winter during the off-season if you drop by to shop for Bittersweet products!

As you can see, Gino dressed up as a friendly dragon for Halloween this week! Gino has been working hard behind the scenes to ensure the hoop houses are ready for our winter crops. He's been weeding, organizing, and even seeding clover as winter cover crops in some of our raised beds. Gino truly loves gardening in all seasons and we are so grateful to have him on the team!

Our final Gardens Team highlight of the year is YOU: our CSA members! Your investment in our CSA Program has provided meaningful, paid employment to each individual you have met in the newsletters and in-person this growing season. We truly could not do it without you and we are so thankful to have you as part of our Bittersweet family. We hope to see you next year!

## Fall Season, Week 8

### What's In My Share?

- Dried Lemongrass
- Peppers
- Lettuce
- Nasturtium Leaves & Flowers
- Potted Succulent (decorative)
- Fire Starter Kit

*Remember to rinse your produce before use!*

### Farm Fresh Recipe Links

[Thai Coconut Lemongrass Soup](#)

[Nasturtium, Beet, and Walnut Salad](#)

[Honey Sesame Chickpea  
Lettuce Wraps](#)



*The mission of Bittersweet, Inc. is to positively impact the lives of individuals with autism and those whose lives they touch.*